



The Oakwood Acorn

The Newsletter for the Oakwood Swim and Racquet Club

March 2011

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Tennis Link

*USTA official site for
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Bay Area Tennis Association

*Questions about BATA?
This site can answer
them.*

Current Upcoming Events Calendar

Mark your calendars for the Oakwood Tennis Tournament Fund Raiser on Saturday May 21st. Details for sign up will come out in April. We are currently working on getting courts 1 & 2 repaired with the money that we raised from the two tournaments last year, and hoping with this tournament to pay off the debt.

NEW this summer is DATE Night on the Tennis Courts. Starting Friday April 1st we will have our first “Date Night” for couples. This will be along the lines of round robin style tennis except you will play with or against your date during the evening. All you need is a DATE, can of Balls and a covered dish to share with other couples. If you have any questions, please contact Karen Sutton @ 545-8759. Next one after that will be Friday April 29th, so mark your calendars. Details will be coming out shortly.

Upcoming Tennis Social is April 15th from 6-9pm. Cost is \$10 and covers balls, food, refreshments, but you bring the fun. Please RSVP to Hans by Thursday day before event. Free babysitting is available but need to know by Wednesday prior.

“Super Summer Swim Pass” Spread the Word!

For the first time ever, Oakwood is offering a **Swim Only summer pass**. Pay \$600.00 in full by June 1st and enjoy the pool all season. No initiation fee. No bond to purchase. Limited passes available.

Contact our Membership Director Dawn Honeycutt for more information #382-8794 dawnhoneycutt2000@hotmail.com

Work Day, Saturday, April 16th

Please note that this will be a pizza party work day starting at 9 AM. We need only an hour or two of every member's time. Kids are welcome. Pizza and soft drinks will be provided. If you cannot attend, please feel free to send snacks, food, or non-alcoholic beverages.

Mark your calendars: On Saturday, April 16th we need as many people as possible to help with getting the club spruced up for the year. There is much work that needs to be done, and the more who help, the more quickly we can get it done. Projects include gardening, weeding, trimming, general cleaning inside and outside of buildings, power washing, painting, etc. If you have a rake and gloves, bring them. The other necessary tools will be available.

Please note that the tennis courts and pool will be closed for this event. The work party will be held rain or shine.

The Tennis Channel
Follow the latest in ATP
and WTA tennis.
Available locally on Dish
Network, Direct TV, and
Comcast.

Operation Doubles
Tennis strokes, strategy
and tactics.

**Olympic and NCAA
Swimming**
Keep up with the NCAA
and World Championship
events

Contact Us

Oakwood Swimming

Oakwood Tennis

Aquatics Director

Oakwood Board

Unsubscribe

Tennis Club: 666-4471

If we don't get better participation at Club Work Parties, the Board may be faced with one of two options: increase dues to cover the additional cost of paying contractors to perform these task, or charge an annual service fee to those members who do not help with work parties. Please contact **Frank McFadden** for more information.

Spring Open House Announcement

Mark your calendars: On Saturday, April 30th we'll kick off the summer season with our annual Open House! Bring your family and friends.

Diving News

Congratulations to Heather MacDonald and Robert Raley on their showing at the USA Diving Region 7 Championship.

Heather turned in a personal best score on 1 Meter and Robert placed 3rd on both boards, qualifying him for the East National Championships in April.

Oakwood Stingrays 2011

Swim and Dive Team Registration begins at Open House, April 30th, 10:00 – 12:00
Forms and info available online beginning in March

Dive Team afternoon practices will begin May 16th, 3:30 – 4:30 or 4:30 – 5:30

Swim Team afternoon practices will begin May 23rd, 4:30 – 5:30

Kick-off Party and Parent Meeting, Tuesday, May 31st, 5 – 7 pm

Morning practices start Tuesday, May 31st for Dive and Wednesday, June 1st for Swim

Dive: 8:00 – 9:00 am	9 to 11 year olds
9:00 – 10:00 am	8 and unders
10:00 – 11:30 am	12 and ups

Swim: 8:00 – 9:00 am	8 and unders
9:00 – 10:00am	9 and ups
10:00 – 10:30am	Guppies

New for this year – multi-child and multi-sport discounts

Welcome to Our New Members

Welcome To Our New Members!

Robert & Pam Steele

Jack Jones

Andrew & Traci Fusaiotti

Doyle Campbell

Elaine Miller & Benjamin Barnett

Keep up the good work on spreading the word to family and friends about our wonderful Club!

When Should I Restring My Racquet?

Learn to pay attention to your strings. They are your most important piece of equipment. Remember, the strings are the only part of the racquet to contact the ball. At least that is our goal!

Signs that it's Time to Restring:

The racquet feels dead.
The sweet spot seems to have disappeared.
You have to swing harder to hit the ball deep.
You're making good contact, but have fewer solid hits.
The strings sound differently when contact is made.

Strings may feel tight, but play dead. This is because strings lose their elasticity and resilience, inhibiting their ability to return energy to the ball. When strings wear out, the string stretches further, but rebounds slower with less force. The strings return less energy to the ball, resulting in less power to the shot.

Strings don't have to break to be worn out or dead. How often you restring depends on your racquet, string type, style of play, playing surface, and frequency of play. Generally, it is recommended that you restring after every 50 hours of play.

A good rule of thumb is to restring as many times each year as you average playing each week. If you average playing four times per week, you should restring every 3 months or 4 times per year. As a minimum, you should restring every six months because strings will go dead in this time regardless of the frequency of play.

To eliminate the guesswork of determining dead strings, contact [Hans or Kathy Laub](#) at 666-4471. Pro Shop hours are Monday-Friday, 9am-12pm and 3-6 pm (Saturday and Sunday by appointment).

Reminder.....WiFi Now Available at Oakwood

Did you know that Oakwood provides free WiFi internet access to members and guests? Yes, free WiFi is available around the pool and in the clubhouse.

If you have changes in home address, phone number, email address, etc., PLEASE notify the club as soon as it happens. We need to communicate with you!!! Contact DAWN HONEYCUTT at 251-382-8794 or dawnhoneycutt2000@hotmail.com.



